

# VERMONT

**Ranking:** Vermont is 1st this year, unchanged from 2010.

**Highlights:**

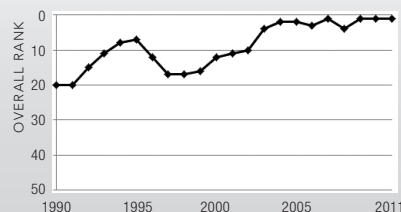
- In the past year, the incidence of infectious disease decreased from 8.5 to 3.1 cases per 100,000 population.
- In the past five years, the percentage of children in poverty increased from 7.4 percent to 13.5 percent of persons under age 18.
- While smoking decreased from 21.5 percent to 15.4 percent of adults in the last ten years, 76,000 adults still smoke in Vermont.
- In the past ten years, obesity increased from 18.2 percent to 23.9 percent of adults, with 119,000 obese adults in the state.
- In the past ten years, diabetes increased from 4.4 percent to 6.8 percent of adults. Now 34,000 Vermont adults have diabetes.

**Health Disparities:**

In Vermont, smoking is more prevalent among Hispanics at 19.4 percent than non-Hispanic whites at 16.0 percent, however obesity is more prevalent among non-Hispanic whites at 23.6 percent than Hispanics at 20.8 percent.

**State Health Department Web Site:** [www.healthvermont.gov](http://www.healthvermont.gov)

## Overall Rank: 1



**Change:** no change  
**Determinants Rank:** 1  
**Outcomes Rank:** 5

**Strengths:**

- High rate of high school graduation
- Low incidence of infectious disease
- High use of early prenatal care
- Low violent crime rate

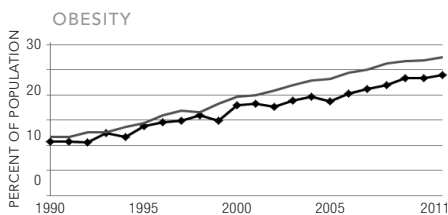
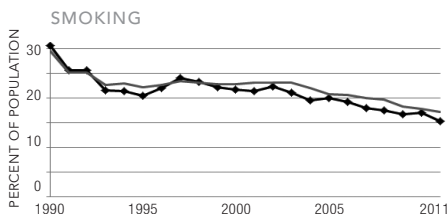
**Challenges:**

- High prevalence of binge drinking
- Moderate immunization coverage

VERMONT

ECONOMIC ENVIRONMENT	VT	U.S.
Unemployment Rate (Aug 2011)	5.9%	8.3%
Underemployment Rate (2010)	12.5%	16.7%
Median Household Income (2010)	\$55,942	\$49,445

MEASURE	ADULT POPULATION AFFECTED		
	2001	2011	10-YR CHANGE
Smoking	99,000	76,000	-23,000
Obesity	89,000	119,000	35,000
Diabetes	20,000	34,000	14,000



For a more detailed look at this data, visit [www.americashealthrankings.org/VT](http://www.americashealthrankings.org/VT)

DETERMINANTS	2011		NO. 1 STATE
	VALUE	RANK	
<b>BEHAVIORS</b>			
Smoking (Percent of adult population)	15.4	12	9.1
Binge Drinking (Percent of adult population)	17.1	35	6.7
Obesity (Percent of adult population)	23.9	8	21.4
High School Graduation (Percent of incoming ninth graders)	89.3	2	89.6
<b>COMMUNITY &amp; ENVIRONMENT</b>			
Violent Crime (Offenses per 100,000 population)	130	2	122
Occupational Fatalities (Deaths per 100,000 workers)	4.3	24	2.5
Infectious Disease (Cases per 100,000 population)	3.1	2	2.3
Children in Poverty (Percent of persons under age 18)	13.5	10	6.2
Air Pollution (Micrograms of fine particles per cubic meter)	7.1	6	5.2
<b>PUBLIC &amp; HEALTH POLICIES</b>			
Lack of Health Insurance (Percent without health insurance)	9.5	5	5.0
Public Health Funding (Dollars per person)	\$154	3	\$244
Immunization Coverage (Percent of children ages 19 to 35 months)	91.2	22	96.0
<b>CLINICAL CARE</b>			
Early Prenatal Care (Percent with visit during first trimester)	82.6	1	—
Primary Care Physicians (per 100,000 population)	170.3	3	191.9
Preventable Hospitalizations (Number per 1,000 Medicare enrollees)	54.7	10	25.6
<b>ALL DETERMINANTS</b>	0.90	1	0.90
<b>OUTCOMES</b>			
Diabetes (Percent of adult population)	6.8	5	5.3
Poor Mental Health Days (Days in previous 30 days)	3.3	17	2.3
Poor Physical Health Days (Days in previous 30 days)	3.2	13	2.6
Geographic Disparity (Relative standard deviation)	4.8	1	4.8
Infant Mortality (Deaths per 1,000 live births)	4.8	2	4.7
Cardiovascular Deaths (Deaths per 100,000 population)	235.1	10	197.2
Cancer Deaths (Deaths per 100,000 population)	190.6	21	137.4
Premature Death (Years lost per 100,000 population)	5,862	5	5481
<b>ALL OUTCOMES</b>	0.29	5	0.32
<b>OVERALL</b>	1.20	1	1.20

— indicates data not available. \* See measure description for full details.