

OVERVIEW OF GREEN MOUNTAIN CARE

Green Mountain Care is a family of low-cost and free health coverage programs for uninsured Vermonters. Offered by the state of Vermont and its partners, Green Mountain Care programs provide coverage for health services such as doctor visits, hospitalization, emergency care, check ups, screenings, prescription medicines, immunizations and more. Green Mountain Care programs offer no or low co-payments and premiums to keep out-of-pocket costs reasonable.

Introducing Catamount Health

Catamount Health is a new health insurance plan which opened for enrollment on October 1, 2007. It offers comprehensive, quality health coverage at a reasonable cost no matter how much you earn and is offered, in cooperation with the state of Vermont, by Blue Cross Blue Shield Vermont and MVP Health Care. You can also get help to pay your premiums based on your income.

Benefits include doctor visits, check ups and screenings, hospital visits, emergency care, chronic disease care, prescription medicines and more. Catamount Health is designed for Vermonters age 18 or older and families who are not eligible for existing state-sponsored coverage programs, and who have been uninsured for 12 months or more or have recently lost their insurance because of a life change such as a divorce or loss of a job (go to www.GreenMountainCare.org for a complete list of exceptions to this 12-month rule).

Dr. Dinosaur

Dr. Dinosaur is a program that provides low-cost or free health coverage for children, teenagers under age 18 and pregnant women. Eligibility is based on family income and benefits include doctor visits, prescription medicines, dental care, skin care, hospital visits, vision care, mental health care, immunizations and special services for pregnant women such as lab work and tests, prenatal vitamins and more.

Medicaid

Medicaid is a health insurance program that provides low-cost or free coverage for low-income children, young adults under age 21, parents, pregnant women, caretaker relatives, people who are blind or have disabilities, and those age 65 and older. In some cases, even those Vermonters enrolled in Medicare may also be eligible. Eligibility is based on your income and resources (e.g., cash, bank accounts). Medicaid covers most health care services such as doctor visits, hospital care, prescription medicines, vision and dental care, long-term care, physical therapy and more.

Vermont Health Access Plan (VHAP)

VHAP is a health insurance program for low income uninsured adults 18 years and older, who have been uninsured for 12 months or have recently lost their insurance because of a life change such as a divorce or loss of a job (go to www.GreenMountainCare.org for a complete list of exceptions to this 12-month rule).

VHAP covers a wide range of services including hospital care, prescription medicines, mental health care and doctor visits. Monthly premiums for your VHAP coverage are based on your household income. Or you may get state assistance instead to help pay for the monthly portion of your employer's health plan.

Vermont Prescription Assistance Programs

The state of Vermont has several prescription assistance programs to help uninsured Vermonters and those with insurance such as Medicare pay for prescription medicines based on your income, disability status and age. These programs include VPharm, VHAP-Pharmacy, VScript and Healthy Vermonters.